

SIP + SAIL RIVER CRUISE

BORDEAUX

FRANCE

SEPTEMBER 30-OCTOBER 10, 2019

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS

ITINERARY

DAY 1 // MONDAY, SEPTEMBER 30

DEPART USA

Board our international overnight flight to Bordeaux, France.

DAY 2 // TUESDAY, OCTOBER 1

BORDEAUX

Welcome to France! Transfer to our boutique hotel in the center of Bordeaux. The evening is at your leisure for dinner on your own.

DAY 3 // WEDNESDAY, OCTOBER 2

BORDEAUX

The Bordeaux region is full of private chateaus and wineries. Today we will discover one of them – the Château de Siaurac. We will be welcomed by the owners in their wonderful 19th century classic style house (classified historic monument) surrounded by bicentennial trees in a landmark park, endowed with the label “Jardin Remarquable.” This setting encompasses a treasure with three exceptional vineyards of Bordeaux’s Right Bank: Château Vray Croix de Gay, Château Le Prieuré and Château Siaurac. Lunch will follow the visit and tasting before moving on to St. Emilion to complete our wine day.

This afternoon, return to Bordeaux to explore the city by foot. Bordeaux has been classified a “City of Art and History,” and is home to one of Europe’s largest collection of 18th Century architecture. During a walking tour, our guide will reveal its beauty and culture.

We will discover the Grand Theatre, the Tourny alleys and fountain, the Quinconces Square (the second largest city square in Europe), the St. Andrews Cathedral, the Town Hall and much more.

As the center of one of the world’s best-known wine producing regions, a wine tasting will be included in the tour. We will also taste the local specialty, the cannelé: a small pastry with a soft and tender custard center and a dark, thick caramelized crust.

Enjoy dinner on your own this evening. (B, L)

DAY 4 // THURSDAY, OCTOBER 3

EMBARKATION

Enjoy the morning at leisure. This afternoon, we board our luxurious river cruise ship, the AmaDolce. (D)

DAY 5 // FRIDAY, OCTOBER 4

CADILLAC

Visit the impressive Castle of Roquetaillade, an amazingly preserved masterpiece of medieval military architecture owned by the same noble family for 700 years. Afterwards, travel to the Sauternes wine region to either Château de Rayne Vigneau or Château Guiraud to taste the highly prized golden-hued sweet wines produced here. (B,L,D)

DAY 6 // SATURDAY, OCTOBER 5

PAUILLAC

Pauillac, a lovely village on the Left Bank of the Gironde Estuary, is gateway to the famed Médoc region, renowned for producing some of the world’s finest Bordeaux wines.

We will see some of the most beautiful and famous wine estates, including Château Latour, Château Mouton Rothschild, Château Lafite Rothschild and Château Pichon Longueville. We then visit either Château Gruaud Larose or Château Léoville Poyferré for a tasting of Grand Cru wines. (B,L,D)

DAY 7 // SUNDAY, OCTOBER 6 **BLAYE - BOURG**

Once in Blaye, we join a tour of its 17th-century citadel, a UNESCO World Heritage Site. For a more active excursion, take a bike ride from Blaye through the idyllic French countryside. During the afternoon, there is the option to cruise to Bourg or join a bike tour along Santiago's path—a famous pilgrimage route—to Bourg. While in the ancient village of Bourg, visit the Carriage Museum, which houses a wonderful collection of horse-drawn vehicles. Later in the day, experience the hospitality of this charming medieval village with an exclusive wine festival. Meet the local wine growers and taste the fruits of their labor as well as enjoy live French music and dancing. (B,L,D)

DAY 8 // MONDAY, OCTOBER 7 **LIBOURNE**

Libourne provides a gateway to one of Bordeaux's most elite wine regions, Saint-Émilion, known for its celebrated vineyards. Join an excursion to historic Saint-Émilion, and while here, explore the monolithic church carved out of one piece of limestone rock, and then go under the church to discover its catacombs and caves. Afterwards, enjoy a Grand Cru Classé wine tasting at either Château de Ferrand or Château de Pressac. If you prefer a more active adventure, pedal through the vineyard-rich countryside to Saint-Émilion and then to Château Soutard for a Grand Cru Classé wine tasting. (B,L,D)

DAY 9 // TUESDAY, OCTOBER 8 **LIBOURNE**

Tour the magnificent Château Vayres, one of the most prestigious historic buildings of Aquitaine, or spend time discovering the Bastide town of Libourne and then stroll through its colorful open-air market, tasting some of the region's specialties. For a more active exploration of the countryside, enjoy a hike followed by a wine tasting. Later in the day, you will have two options of excursions. Visit Château de Montaigne, a stunning 14th-century castle that was the family residence of philosopher Michel de Montaigne and enjoy a lovely wine tasting. Alternatively, visit Fronsac, where you can taste some of the regional wines at a grand wine cellar. (B,L,D)

DAY 10 // WEDNESDAY, OCTOBER 9 **BORDEAUX**

The breathtaking capital of the wine world, Bordeaux is a UNESCO World Heritage Site and classified as a "City of Art and History." We will have an opportunity to experience much of the rich culture and architecture on a city tour followed by a visit to the Bordeaux Wine Museum, housed in an awe-inspiring building. Bike enthusiasts will wish to join a tour along the city's amazing network of bicycle paths. (B,L,D)

DAY 11 // THURSDAY, OCTOBER 10 **DISEMBARKATION**

Our magnificent cruise comes to an end as we disembark and make our way home. (B)

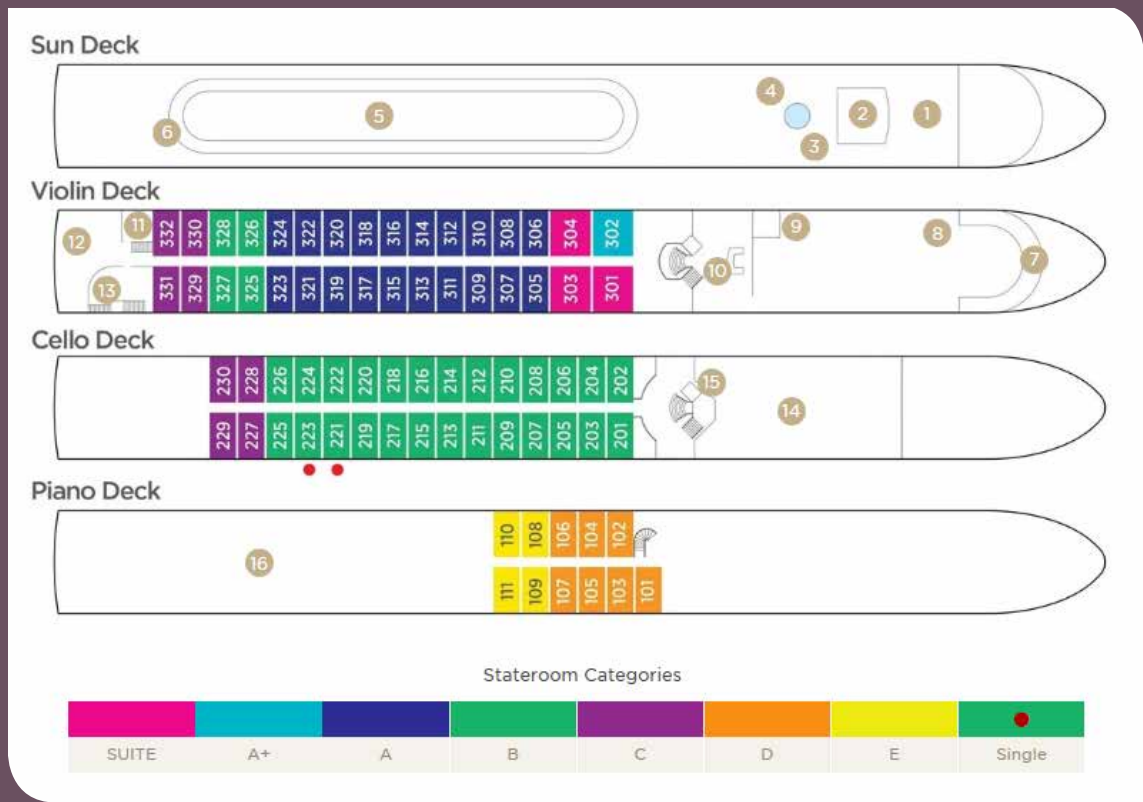




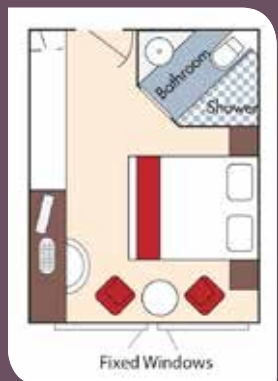
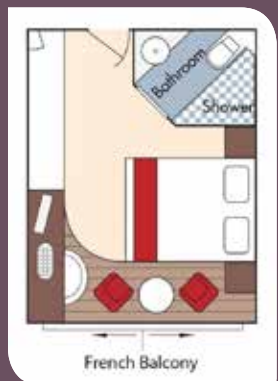
AMADOLCE

Enjoy the sweet life aboard AmaDolce. Relax and rejuvenate in spacious, luxurious staterooms with plenty of amenities. Follow your nose to the Main Restaurant or clink glasses in the bar. This custom-designed river ship also features a walking track along the Sun Deck and guided bicycle tours at stops along the river.

DECK PLANS



1. Observation Deck
2. Navigation Bridge
3. Bicycles
4. Whirlpool
5. Sun Deck
6. Walking Track
7. Bow Seating Area
8. Main Lounge & Bar
9. Gift Shop
10. Reception
11. Massage & Hair Salon
12. The Chef's Table Restaurant
13. Fitness Room
14. Main Restaurant
15. Elevator
16. Crew Cabins



SPACIOUS STATEROOMS

- 7 nights in luxury accommodations
- Computer for internet access
- Entertainment-On-Demand in all staterooms featuring free high-speed internet access, movies, a music library and English language TV stations
- Desk and sitting area
- Bottled water replenished daily

AN ARRAY OF AMENITIES

- Wellness Program with a dedicated Wellness Host leading various exercise classes as well as discussions on healthy eating and relaxation techniques, both on board and on shore.
- Personalized service from a highly trained Cruise Manager during both cruise and land programs
- Internet and Wi-Fi access
- Sun deck whirlpool and walking track
- Fitness room, massage and hair services
- Main Lounge with panoramic views and bar
- Daily entertainment including cultural performances

AWARD-WINNING DINING

- All onboard dining in a variety of venues
- Regionally inspired cuisine made with locally sourced ingredients
- The Chef's Table specialty restaurant
- Welcome Cocktail, Welcome Dinner, La Chaîne des Rôtisseurs Dinner, Captain's Cocktail and Gala Dinner
- La Chaîne des Rôtisseurs exclusive dining experience
- Unlimited fine wine, beer and soft drinks with lunch and dinner
- Unlimited sparkling wine and fresh juice with breakfast
- Sip & Sail Cocktail Hour with complimentary wine, beer, spirits and soft drinks
- Tapas, snacks and refreshments served daily in the Main Lounge

A WORLD OF EXPLORATION

- Immersive tours
- Gentle, regular, active and late-riser tour options
- Bike tours and hikes
- Special Interest Tours
- Knowledgeable guides
- Personal headset for easy exploration



REGISTRATION

Mayo Clinic Bordeaux Sip + Sail River Cruise | Sept. 30-Oct. 10, 2019

Please indicate your preferred cabin category:

- Cabin Category B \$7,345 per person (\$7,602*)
- Cabin Category D \$6,625 per person (\$6,857*)
- Cabin Category E \$6,395 per person (\$6,619*)

PLEASE NOTE: There is very limited inventory for Categories D & E.

*Price based on non-cash/check payment.

All prices quoted are per person, based on double occupancy and include all items listed under the Tour Inclusions.

Enclosed is:

- \$1,500 per person deposit for ____ people
- Full Payment (Due June 28, 2019)

Please bill my credit card:

- American Express
- Visa
- MasterCard

ACCOUNT # EXP. DATE CV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- I will require airfare from a city other than Minneapolis/St. Paul.

DEPARTURE CITY: _____

AIRLINE SEATING PREFERENCE

- TRAVELER 1: Aisle Window Adjacent
TRAVELER 2: Aisle Window Adjacent

- I have read and agree to the terms and conditions of this brochure.

SIGNATURE

TOUR INCLUSIONS

- Roundtrip transfers between Rochester and MSP
- Roundtrip airfare between Minneapolis/St. Paul and Bordeaux, France
- All transfers between airports and hotels
- 2 nights accommodations in Bordeaux with daily breakfast
- 7 nights accommodations aboard AmaDolce
- Guided sightseeing and entrance fees as outlined in the itinerary
- All meals during river cruise with wine & beer included with lunches and dinners
- Tour or option of tours included in each port during the cruise
- Two captain's cocktail receptions during the cruise
- Gratuities to drivers and guides during 2-night stay in Bordeaux and shipboard gratuities included for the cruise staff
- Services of tour guides for all tours and a Carrousel Travel escort throughout
- Baggage handling throughout the trip

NOT INCLUDED

- Gratuities to drivers and guides for tours during the cruise
- Airline fuel surcharges (if any)
- Baggage fees (if any)
- Travel insurance
- Items of personal nature
- Anything not listed under Tour Inclusions

FOR MORE INFORMATION

Please email: mayo@carrouseltravel.com
or call Sara or Vanessa at (612) 866-2503 or (800) 800-6508

TERMS & CONDITIONS

RESERVATIONS Reservations must be accompanied by a \$1,500 per person deposit and signed registration form. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due June 28, 2019. A reminder notice will be sent prior to the final payment date.

CANCELLATIONS All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received prior to June 28, 2019 will be subject to a \$1,500 per person penalty. Cancellations received on or after June 28, 2019 will be subject to 100% penalty.

INSURANCE Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

RESPONSIBILITY In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to mayo@carrouseltravel.com or mail with check payable to:

Carrousel Travel
Attn: Group Department
6625 Lyndale Avenue South, Suite 104
Minneapolis, MN 55423

Please include a photocopy of the photo page of your passport.